

VALUES & WORSHIP

Corporate Workshop

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Workshop Flow & Learning Journey :

Setting the Foundation for High Performance

The workshop begins by creating an engaging and psychologically safe learning environment where participants understand the purpose of the program, establish expectations, and prepare for a day of reflection, collaboration, and experiential learning.

Key Focus Areas

- Welcome & Introduction
- Workshop Objectives
- Business Relevance of Values-Based Leadership
- Establishing Learning Agreements
- Creating Psychological Safety

Experiential Activity :

The Identity Circle

An interactive networking activity designed to help participants move beyond professional titles and connect through personal strengths, aspirations, and individual values.

Learning Outcomes

- Increased openness and engagement
- Stronger interpersonal connections
- Enhanced psychological safety
- Greater participant involvement from the outset

Module1 :

Understanding the Foundation of Human Behaviour

Every decision, action, conversation, and relationship is influenced by an individual's underlying values. This session introduces participants to the concept of values as the invisible drivers of behaviour and explores how alignment between personal values and professional responsibilities contributes to higher engagement, motivation, and performance.

Core Concepts Covered

- Understanding Personal Values
- Highest Values vs Lowest Values
- Authentic vs Borrowed Values
- Values and Decision-Making
- Self-Awareness as the Foundation of Growth
- Values and Workplace Behaviour
- Internal Alignment & Performance

Experiential Exercise :

The Invisible Compass

Participants engage in a guided reflection exercise to identify the personal values influencing their daily decisions, behaviours, and professional interactions.

Expected Outcomes

Participants will:

- Gain greater self-awareness
- Identify personal motivational drivers
- Recognize misalignment between intentions and behaviours
- Build clarity around personal priorities

Module 2 :

Aligning Values with Performance

This session explores the direct relationship between value alignment and workplace performance. Participants discover how authentic alignment influences motivation, productivity, creativity, resilience, and long-term professional success.

Core Concepts Covered

- Desire vs Genuine Values
- Motivation and Engagement
- Productivity Through Alignment
- Creativity and Innovation
- Energy Management
- Focus and High Performance
- Sustainable Success

Interactive Learning Experience :

The Value Auction

Participants work in teams to prioritize limited organizational and personal resources while navigating competing values, allowing them to experience how priorities shape decisions.

Expected Outcomes

Participants will:

- Understand competing priorities
- Improve decision-making
- Develop strategic thinking
- Appreciate diverse perspectives
- Understand value-driven behaviour

Module 3 :

Building High-Impact Communication

Effective communication begins with understanding before influencing. This session develops participants' ability to communicate through empathy, active listening, and values-based conversations that strengthen trust and collaboration.

Core Concepts Covered

- Principles of Effective Communication
- Values-Based Communication
- Active Listening
- Emotional Intelligence
- Empathy in Conversations
- Psychological Safety
- Trust-Based Communication

Experiential Activity :

Walk in My Shoes

Participants analyse workplace scenarios from multiple stakeholder perspectives, encouraging empathy, collaborative problem-solving, and perspective-taking.

Expected Outcomes

Participants will:

- Improve communication effectiveness
- Build empathy
- Reduce workplace misunderstandings
- Strengthen interpersonal relationships
- Increase collaboration

Module 4:

Building Stronger Workplace Relationships

High-performing teams are built on trust, mutual respect, and an understanding of different perspectives. This session explores how relationships influence engagement, collaboration, and organizational culture.

Core Concepts Covered

- Relationship Dynamics
- Trust Building
- Respecting Diverse Perspectives
- Conflict Prevention
- Collaboration
- Team Cohesion

Team Challenge :

The Bridge Builder Challenge

A collaborative problem-solving simulation requiring participants to work across diverse perspectives, communicate effectively, and achieve shared outcomes.

Expected Outcomes

Participants will:

- Strengthen collaboration
- Build trust
- Improve teamwork
- Develop inclusive thinking
- Enhance relationship management

Module 5 :

Personal Accountability & Growth

High performance begins with ownership. This session encourages participants to take responsibility for their behaviours, decisions, and professional development while cultivating a mindset of continuous improvement.

Core Concepts Covered

- Accountability
- Ownership Mindset
- Growth Mindset
- Personal Responsibility
- Authentic Leadership
- Resilience
- Continuous Learning

Reflection Exercise :

The Alignment Audit

Participants evaluate their current behaviours against their professional aspirations using a structured self-assessment framework.

Expected Outcomes

Participants will:

- Identify growth opportunities
- Increase accountability
- Develop self-awareness
- Create meaningful behavioural goals
- Strengthen personal leadership

From Awareness to Action :

The workshop concludes by translating insights into meaningful action. Participants develop individual commitments that reinforce long-term behavioural change and workplace application.

Future Forward Commitment :

Participants create a personalized action plan outlining key behavioural shifts, workplace commitments, and growth priorities.

Final Deliverables :

- Personal Action Plan
- Individual Growth Commitments
- Workplace Behaviour Blueprint
- Reflection Framework
- Post-Workshop Development Strategy

Learning Methodology :

The workshop follows an experiential learning approach, integrating evidence-based facilitation techniques that encourage reflection, participation, collaboration, and practical application.

Methodologies Include

- Interactive Facilitation
- Guided Reflection
- Experiential Learning Activities
- Case-Based Discussions
- Team Simulations
- Group Problem Solving
- Scenario-Based Learning
- Peer Learning
- Individual Action Planning
- Facilitated Debriefs

Key Participant Outcomes :

Upon completion of the workshop, participants will be able to:

- Develop deeper self-awareness and understand the impact of personal values on workplace behaviour.
 - Align personal values with organizational goals to improve engagement and performance.
 - Strengthen communication through empathy, active listening, and values-based conversations.
 - Build trust-based relationships that foster collaboration and psychological safety.
 - Improve decision-making through greater clarity, accountability, and ownership.
 - Enhance resilience, adaptability, and a continuous learning mindset.
 - Translate workshop insights into measurable workplace behaviours through a structured personal action plan.
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